

Plaje orare		
Ora	Perioada	
1	8:00-8:40	D I M I N E A Ț Ă
pauza 1	8:40-8:45	
2	8:45-9:25	
pauza 2	9:25-9:35	
3	9:35-10:15	
pauza 3	10:15-10:20	
4	10:20-11:00	
pauza 4	11:00-11:05	
5	11:05-11:45	
pauza 5	11:45-11:50	
6	11:50-12:30	
pauza 6	12:30-12:35	
7	12:35-13:15	
1	14:00-14:40	D U P Ă- A M I A Z Ă
pauza 1	14:40-14:45	
2	14:45-15:25	
pauza 2	15:25-15:35	
3	15:35-16:15	
pauza 3	16:15-16:20	
4	16:20-17:00	